

Recipe Modification

Activity 2

Review the six USDA recipes provided to your group. Identify three recipes to modify to a whole grain recipe.

#1 Recipe: _____

- Ingredient Modification or Additions:

- Necessary Changes to Cooking Instructions (Refer to Cooking Chart):

#2 Recipe: _____

- Ingredient Modification or Additions:

- Necessary Changes to Cooking Instructions (Refer to Cooking Chart):

#3 Recipe: _____

- Ingredient Modification or Additions:

- Necessary Changes to Cooking Instructions (Refer to Cooking Chart):

